

Six conversation starters

Cut along the dashed lines. Pull one card at dinner, in the car, or at bedtime. A child can always pass. Listen more than you talk, and finish by choosing one thing to try together this week.



GET CURIOUS

ANY AGE

What is one thing adults misunderstand about your online life?

FOLLOW UP What do you wish I knew?
FOR THE GROWN-UP Let the answer stand. You don't have to fix anything today.

EXPLORE A GAME

ANY AGE

Can you show me what you enjoy most about this game?

FOLLOW UP Who do you usually play with?
FOR THE GROWN-UP Let them lead the tour. Ask about the fun before the settings.

MAKE ROOM FOR HELP

AGES 9 AND UP

What would make it easier to tell me about an online mistake?

FOLLOW UP What would you want me not to do?
FOR THE GROWN-UP Promise to listen first. Then keep that promise.

TALK ABOUT MESSAGES

AGES 9 AND UP

What makes a group chat feel welcoming? What makes it uncomfortable?

FOLLOW UP What do you do when a chat turns mean?
FOR THE GROWN-UP Talk about muting, leaving, and blocking without blaming anyone.

SPOT THE MOVE

AGES 9 AND UP

If someone you met in a game asked to talk somewhere more private, what would you do?

FOLLOW UP What might they offer to make it sound fun?
FOR THE GROWN-UP Moving to a private app is a reason to pause and tell, not proof of danger.

THINK ABOUT AI

ANY AGE

When could AI help us learn, and when would we want a real person?

FOLLOW UP What would you never tell a chatbot?
FOR THE GROWN-UP Names, school, passwords, and photos stay private.

WHERE TO GET HELP

Danger right now
Call 911

Online exploitation
CyberTipline: 1-800-843-5678
report.cybertip.org

A child's nude image online
Take It Down
takeitdown.ncmec.org

Child abuse
Childhelp hotline
1-800-422-4453

Your state's hotline
Look it up at
safernotscared.org/parents/state-help